

The Positive Impact Report

Congratulations to Our 2016 Award Recipients

			
Jazmine Troncoso Thomas A. Sauer Memorial YOY	Robert Chavez Bill Graham Memorial Athlete of the Year	Mariana Estrada Warren Kraft Character Award	Karen Rivera Sportsmanship Award

Dreams With K-1 & Crafts at the Convalescent Home



On January 11th, during ABC Club, Keystone read a story to the K-1 members in honor of MLK. Teens paired up with K-1 and worked on discovering their dreams. The young members were dreaming big with ideas such as "saving all the homeless puppies" or "giving food to all the little kids." On January 20th, Keystone hosted a craft day at the La Habra Convalescent Hospital. Twelve teens worked with over 25 elderly members on Valentine's Day projects. They taught them how to create a dream catcher by practicing their weaving skills. They also practiced water color painting with stencils. The members at the convalescent hospital were all very sweet and enjoyed the company of the teens. Overall, it was a great first experience and they're excited to partner up again next month!

A.S.E.S. Spotlight

Live Healthy-Arbolita ASES is starting 2017 off with an emphasis on fitness. The boys and girls are sweating to the program called Kid Fit. They enjoy it two to three times a week. Our members are dancing, stretching, and exercising to fun music and videos. These awesome fitness videos show them different places around the world. We even have stations where they learn yoga moves and play

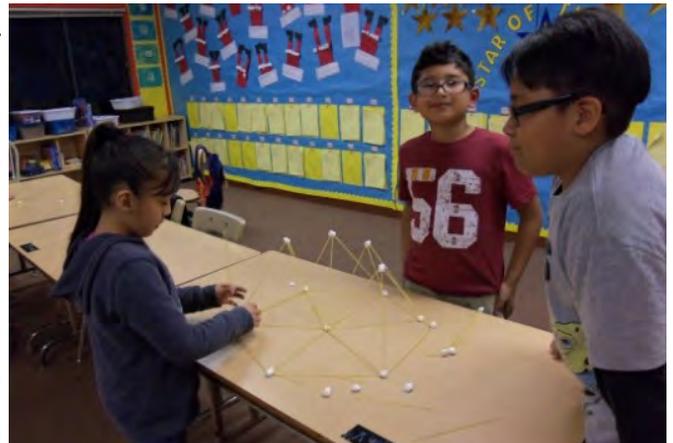


with spinning boards. Our children benefit from it and love it. They cannot wait to go back to the Kid Fit room. This will influence the children to kick start a healthy lifestyle!

Recognizing Good Behavior-El Cerrito ASES chose four members of the month. We made a big poster that read "Congratulations Youth of the Month! Jorge, Shayla, Nadia, Giovanni." Along with the names we put covers of classic Dr. Seuss books that complimented our theme "Oh The Places You'll Go". We also took pictures of these students with Dr. Seuss hats and a group picture with all the students in our program to place on the poster. In Mr. Ivan's class we made space on the wall to recognize our members of the week. This was a good reinforcement and motivates good behavior.

Science, Pen Pals, & Healthy Habits-At IMS ASES we started 2017 with many new activities. In STEM, we are learning about soda, and how to make it. We are having a month-long science experiment about making soda. We detail the taste and sweetness as well as the consistency and look of the soda we are making ourselves. We wrote to our Pen Pals for the first time today and are excited to get to know our fellow ASES members from Walnut and Las Positas. We are also learning about making good healthy habits at breakfast time. Today we tried a healthy smoothie that we can make for breakfast. It has yogurt, bananas, strawberries, and orange juice in it. Thank you Andy, Anthony, Rubi and Daniel for helping prepare our yummy smoothies.

STEM at Ladera ASES-The STEM activity we did with our classes was building towers with spaghetti and marshmallows and it turned out to be a very enriching experience for all of us. The group with the tallest tower would be declared the winners. Overall, this was a very enriching experiment for not only the students but for the program leaders as well, observing our ASES students develop a sense of group unity and discover how working together is many times more rewarding than working alone.



Season Crafts & History-Throughout the month of January, Las Lomas ASES did arts and crafts related to the season and special holidays. One of the crafts we did involved making penguins. Students learned about characteristics penguins have such as their ability to swim

A.S.E.S. Spotlight Cont'd



and withstand such extreme cold weather. Members were asked to recreate Martin Luther King Jr. using construction paper. We observed and examined Martin Luther King Jr.'s most famous speech and message behind it. The message illustrated Martin Luther King Jr.'s dream of equality, which he wished would be realized for all people within the United States of America. Therefore members were asked to share their dreams and their desires in order to better the world.

Community Service Project-This month the children at Las Positas ASES came together and voted for what they wanted to do to give back to the community. They came up with great ideas and decided that they wanted to donate to an animal shelter. They want to donate toys and things that an animal in a shelter might need. The donations start this month and will continue until February 17, 2017. Donations will be made to O.C. Animal Care shelter. The students are super excited to give back.



Bake Off-Before leaving on Holiday vacation, the staff at Sierra Vista ASES wanted to give each member a chance to go the extra mile and express themselves. Together we put on a "Holiday Bake Off" competition for the members. The event showed creativity, teamwork, and dedication. The rules stated any member could enter a dessert or pastry alone or with another member. Each member who participated received a gold medal and the top three desserts chosen by the judges got prize bags to take home. The event turned out to be very successful with more than sixteen treats entered.

successful with more than sixteen treats entered.

Toys for Tots Donation-The highlight this month is a new one for our site at Walnut. A request was made for toys from the "Toys for Tots" to give to our members during our holiday celebration. We didn't hear back from Toys for Tots until December 23rd. Since we were gone we had no choice but to hold the gifts until we returned. We had decided to give the gifts on the first Friday back from break. We assigned numbers to each member and called each of them up to select a toy. This was a nice surprise for our members. They really enjoyed themselves and all took a toy home.

Healthy Habits-This month WMS ASES expressed the importance of healthy eating habits to our ASES members. The students learned how fruits and vegetables are essential and more nutritious options. For this month's activity the students made their own strawberry banana smoothies that were both delicious and refreshing. In this activity the members learned a simple recipe with bananas, strawberries, orange juice, and nonfat yogurt. Students learned it was a tasty treat to be healthy!



Announcements



Spring Break March Madness Week!

March 27th - April 1st

Monday- March 27

Earth Day (Poster Drawing Contest)
Taco Bell (Walking Trip/ \$1 to reserve spot & Food \$)
Field Day Competition (Long Jump Challenge)

Tuesday- March 28

Twin Day (Match with your BFF)
Movie Trip (\$12/ Signups Begin 3/20)
Field Day Competition (4 x 50 meter relay)

Wednesday- March 29

Sports Team Day (Support Your Team)
Jack in the Box (Walking Trip/ \$1 to reserve spot & Food \$)
Field Day Competition (80 meter sprint & Softball toss)

Thursday- March 30

Nerd Day (Bring Out Your Nerdy Side)
Laser Quest (\$20/ Signups Begin 3/20)
Field Day Competition Finals

Friday- March 31

Pajama Day (Rock Your Favorite Pajamas)
Baskin Robins (Walking Trip/ \$1 to reserve spot & Dessert \$)
Pizza Pajama Party (\$1 pizza for sale/ Dance Party)
Easter Egg Hunt (We hide em', you find em')

Saturday- April 1

Disney Day (Rock Your Disney Gear)
Jr. Chef Class (Come & cook with Ms. Yesenia)

Mission:

To help youth of all backgrounds, especially to those who need us most, to develop the qualities needed to become responsible citizens and leaders. Our organization creates an environment that encourages, enlightens, and builds self-esteem of the children in the community through Character and Leadership Development, Education and Career Development, Health and Life Skills, the Arts and Sports, Fitness and Recreation.

Administrative Office: (562) 691-2413

La Habra Branch: (562) 694-1805

Fax: (562) 697-0662

www.ourchildrensfuture.org



BOYS & GIRLS CLUBS
OF LA HABRA
1211 Fahringer Way
La Habra, CA 90631

Club Hours

Extended Day 6:30 am-6:30 pm

General Program 2:00 pm-6:30 pm

Saturday 11:00 am-3:00 pm

A.S.E.S. Sites 2:00 pm-6:00 pm

GREAT FUTURES START HERE.